

How We Remember, or Why a Multi-Sensory System Works

"It is worth our while to pay attention to the fact that people retain:

*10% of what they read

*20% of what they hear

*30% of what they see

*50% of what they simultaneously see and hear

*70% of what they say

*90% of what they simultaneously say and do.

So what must you know to select the means of language learning that most closely fits you, and you in particular?"

Dr. Bella Kotik-Friedgut

<http://learnlanglab.com>