How We Remember, or
Why a Multi-Sensory System Works

"It is worth our while to pay attention to the fact that people retain:

* 10% of what they read
* 20% of what they hear
* 30% of what they see
* 50% of what they simultaneously see and hear
* 70% of what they say
* 90% of what they simultaneously say and do.

So what must you know to select the means of language learning that most closely fits you, and you in particular?"

Dr. Bella Kotik-Friedgut

http://learnlanglab.com